FAQ for Current BostonSight® PROSE Patients

Q: What are the daily essentials for care of my BostonSight PROSE device(s)? Is there a smaller carrying available than the one provided?

A: Daily Essentials include:
• Preservative-free saline, prescribed for you
• One clean contact lens case
• One application plunger
• One removal plunger

A small digital camera case or makeup bag, available at any major department store, should fit your daily essentials.

Q: I have two BostonSight PROSE devices. How can I distinguish between the left and the right device?

A: For patients with prosthetic devices for both eyes, the RIGHT device is marked with ONE black dot. The left device will have either NO dots or TWO black dots. When either PROSE device has one or two black dots, the device should be applied with the dot(s) oriented at the 12 o’clock position, unless instructed otherwise by your doctor.

Q: What should I do if I experience any of the following symptoms?

A: If you experience:
• Persistent redness/soreness, never observed before
• Increased sensitivity to light while wearing the device(s)
• Eye pain
• Presence of mucous discharge
• Burning

Discontinue use of your PROSE device(s) and seek medical consultation by your primary eye care provider or emergency facility.

Q: What kind of eye make-up can I use while wearing my BostonSight® PROSE device(s)?

A: Please visit our website for a list of make-up options that are complimentary to PROSE device wear.

http://www.bostonsight.org/content/editor/File/Contact-lens-complimentary-make-up.pdf
Q: What solutions can I take on an airplane?

A: You can carry on all necessary solutions except 3% hydrogen peroxide and Clear Care (or other disinfection alternative listed in the BostonSight PROSE Treatment Guide: Prosthetic Device Use and Care guide) which are not allowed on an aircraft under any circumstances. These can be packed in your checked luggage. We will provide you with a medical necessity letter addressed to the Transportation Security Administration (TSA) detailing what you should be allowed to bring onto the airplane due to medical reasons.

Q: What is involved in getting a new plasma treatment for my BostonSight® PROSE devices?

A: Your prosthetic devices are plasma treated as the last step of their manufacturing. The plasma treatment makes them more wettable so that vision and comfort are both improved. Simple wearing and handling, as well as the care solutions, can wear down the treated surface. This can make the prosthetic device(s) cloudy, requiring more frequent blinking, rewetting and ‘squeegeeing’ to clear the vision. They can also become increasingly more uncomfortable to wear because of increased dryness. As to how often they may need treatment, this varies greatly, from not at all to every three to four months.

If you suspect or have been told that your PROSE device(s) need to be plasma treated you should:

- Send them to us ‘Attention: Device Coordinator’
- Include a completed Request for Device Servicing Form, including complete contact information
  - Form can be found at http://www.bostonsight.org/For-Patients/Forms/PROSE-Device-Servicing-Request

It is recommended that you send PROSE device(s) via FedEx, UPS, or by some other means that will allow you to track them. This will reduce the chances that they may be lost. Once we receive them, we will treat them and send them back to you, as soon as possible.

If you choose to have your PROSE device(s) returned to you via USPS regular mail, there would be no associated shipping cost. Requests for expedited shipping using Fed Ex will incur a charge. Please note that payment for FedEx shipping must be made by credit card before your device(s) are returned. Without exception, all packages, regardless of shipping method, require a signature on arrival.

Q: How often do I need to be seen for follow-up care by my BostonSight PROSE provider?

A: Once the global treatment period is complete, patients are expected to return annually to their BostonSight PROSE provider for a comprehensive PROSE treatment evaluation.
Q: What should I expect when I return for my annual visit?

A: Each year you will have a comprehensive evaluation of your PROSE treatment. For complete eye exams, including dilated examinations, please see your primary ophthalmologist or optometrist. *BostonSight does not perform routine eye care and vision exams.*

Q: Do I continue to see my regular ophthalmologist or optometrist?

A: Yes. You should follow-up with your referring eye doctor within three-four weeks after completing PROSE treatment. Continue to see your primary eye care provider on an annual basis or per their recommendation.

Q: I am traveling to ________ country/non-US city. Can you please tell me where there is a pharmacy where I can buy the solutions I need for my PROSE device(s)?

A: Unfortunately, we have no way of knowing which solutions are available in which countries. We recommend that for extended trips, you either pack the solutions that you will need and ship them to yourself at your destination or order some supplies from a US distributor for delivery to your destination address.

**BostonSight® PROSE Device Cleaning**

Q: What is the most current cleaning protocol?

A: We are dedicated to selecting the best products and cleaning regimen for our patients. This means that from time to time we change the products we use. The current cleaning regimen includes the use of Optimum by Lobob Extra Strength Cleaner (hereafter referred to as “Optimum ESC”), Clear Care, and preservative-free saline, prescribed for you.

Q: Where can I purchase my cleaning supplies?

A: Please use the link to the comprehensive BostonSight PROSE Solution and Accessory Buying Guide for more information. This guide can be found at the end of our Prosthetic Device Use and Care Guide:

Q: Is H₂O₂ (brown bottle 3% hydrogen peroxide) approved for use with BostonSight® PROSE devices and if so, how do I use it?

A: Yes, you can use H₂O₂, but its usage comes with a disclaimer. **PLEASE READ ALL OF THE INSTRUCTIONS BELOW BEFORE USING H₂O₂.**

Brown bottle, 3% hydrogen peroxide is **NOT** FDA approved for PROSE device disinfection. It is not micro-filtered for impurities, and does not contain stabilizing buffers or salts like Clear Care. Some patients report redness and/or discomfort with its use. If at any time while using brown bottle H₂O₂ you experience increased redness, burning, or pain, discontinue usage and use **ONLY** Clear Care.

The platinum catalyst disc that comes packaged with Clear Care (which is not available to purchase by itself) is required to properly disinfect your PROSE devices in the disinfection case. Therefore, you must purchase Clear Care periodically.

After purchasing Clear Care, remove/break off the catalyst from the arbor on the bottom of the Clear Care case and drop the catalyst from the Clear Care case into the PROSE case so that it sits on the bottom of the PROSE case as described in the **BostonSight PROSE Treatment Guide: Prosthetic Device Use and Care**. Then follow the instructions for proper disinfection.

*If your PROSE case still has the arbor (stem) attached to the bottom of the basket assembly, it will need to be removed by using pliers to grasp the arbor and gently bending the arbor until it breaks.

The Clear Care platinum catalyst will effectively neutralize the H₂O₂.

At the end of the 8th week, you must dispose of the platinum catalyst and replace it with a new one. *This can only be done by purchasing a new bottle of Clear Care.*

*NOTE: A generic equivalent of Clear Care is available as a store brand at Target (it will say ‘compares to Clear Care’ on the package). Another alternative is PeroxiClean by Bausch and Lomb. Please refer to the BostonSight PROSE Solution and Accessory Buying Guide.*

Q: Is there a cheaper alternative to the preserved saline prescribed for me?

A: Yes. You may use Sodium Chloride Inhalation Solution USP, 0.9% as a substitute. This is available at your local pharmacy with a prescription or online without a prescription at: http://www.medonthego.com/search.asp?keyword=sodium. It is available in 3, 5, and 10 mL vials and comes in boxes of 100. This will cost you in the range of $12-25 for a box of 100, which should last one month. Compared to the $45+ dollars a month for Purilens Plus, this translates into significant savings.

NOTE: While most people can use Sodium Chloride Inhalation Solution USP, 0.9% in place of the preserved saline prescribed for them, some will develop mild redness, burning, and/or discomfort, as it is not buffered. If you develop these symptoms, discontinue use immediately and resume use of the preserved saline prescribed for you. Bausch + Lomb Sensitive Eyes Saline may be used for RINSING ONLY. YOU MUST always FILL devices with preservative-free sterile saline solution, prescribed for you, as described above.

Q: Is okay to use the drops that claim to reduce protein buildup on contact lenses on my BostonSight® PROSE device(s)? If so, which brand should I use?

A: We suggest using Ultrazyme Enzymatic Cleaner or Boston One-Step Liquid Enzymatic Cleaner as directed on the package inserts. For the Ultrazyme, add one tablet to your PROSE disinfection case with Clear Care or 3% hydrogen peroxide solution and disinfect normally as instructed in the BostonSight PROSE Treatment Guide: Prosthetic Device Use and Care. For the Boston One-Step, empty one vial into your PROSE disinfection case with Clear Care or 3% hydrogen peroxide solution and disinfect normally as instructed in the BostonSight PROSE Treatment Guide: Prosthetic Device Use and Care.

Q: How often do I need to replace my PROSE disinfection case and plungers?

A: With proper use as outlined in the BostonSight PROSE Treatment Guide: Prosthetic Device Use and Care, the plungers should be replaced every six to 12 months; sooner if the edges become rough, uneven, or the suction is no longer sufficient. The disinfection case should be replaced every one to two years; sooner only if it breaks. Disinfection cases and plungers are available at The Dry Eye Shop: http://www.dryeyeshop.com/lens-care-c32.aspx.
About BostonSight® PROSE Device Use

Q: I just received my PROSE device(s) in the mail. How do I prepare them for application?

A: Prosthetic devices will be shipped dry in a case. Upon receiving your BostonSight PROSE device(s), please follow the steps below:

1. Wash your hands thoroughly with non-moisturizing soap and water before handling your PROSE devices.
2. Clean your PROSE device(s) as instructed below:
   a. Place one PROSE device in the palm of your hand.
   b. Place one or two drops of Optimum ESC on the outside surface of the PROSE device and rub for 15 seconds. Flip the PROSE device over, place another one or two drops of Optimum ESC and rub the inside surface for 15 seconds.
3. While handling your PROSE device gently by the edges, rinse with the sterile, preservative-free saline, prescribed for you.
4. Your PROSE device(s) are ready for application.

Q: How do I store my back-up PROSE device(s)?

A: We recommend that any PROSE devices that are not to be worn after overnight disinfection be stored dry. Dry your device with a soft cloth. When completely dry, the PROSE device can then be stored indefinitely in a clean screw top contact lens case.

When you want to use the PROSE device again, take it from the screw top case and clean with Optimum ESC. Rinse and fill the device with preservative-free saline, prescribed for you.

*Under no circumstances should a PROSE device stay in the overnight disinfection case for multiple days.* If this occurs, simply re-disinfect the PROSE device overnight and follow the above procedure in the morning.

Q: My condition causes mucus to accumulate on the outside of my BostonSight® PROSE device(s). What can I do?

A: You can use one drop of sterile preservative-free saline, prescribed for you, on the end of a Q-tip to “squeegee” the outside surface of the device. Alternatively, PROSE devices can be refreshed; removed, cleaned with Optimum ESC, rinsed thoroughly with preservative-free saline, and reapplied.
Q: I use medicated eye drops and wear PROSE devices. How do I use the drops?

A: If the medication is used once or twice per day, put the eye drop in before PROSE device application and after device removal. If the medication is three times per day or more, then consult with your primary eye care provider to determine whether it is acceptable to apply drops while wearing the PROSE device, as the absorption is compromised.

Q: Can I sleep or nap in my PROSE device(s)?

A: You can nap for a maximum of thirty minutes. Sleeping with the PROSE device(s) can greatly increase the risk of an eye infection.

Q: Can I swim or shower while wearing the PROSE device(s)?

A: You can swim while wearing the PROSE device(s) with the use of watertight goggles. Please ensure the goggles are not leaking. Showering is fine while wearing the PROSE device(s). We ask that you turn your back to the water when rinsing your hair.

Q: What should I do with my PROSE device(s) if I remove them for a short period of time to shower, swim, or nap?

A: The PROSE device(s) should be stored in a dry white screw top contact lens case. Before re-applying, the PROSE device(s) should be cleaned with Optimum ESC and rinsed well with preservative-free saline, prescribed for you. The case should then be wiped out with an alcohol prep pad and allowed to air dry.